

LIPS

Aftercare Instructions

Careful aftercare is essential to ensure that your skin heals properly and that you achieve the best possible result.
Please note that permanent make-up usually consists of multiple sessions (typically two).

DO's

- Step 1: Clean your lips with a damp cotton pad (water or the provided cleansing solution).
- Step 2: Apply a thin, light layer of healing balm regularly using a cotton swab. Use a new cotton swab each time.
- → Repeat this morning and evening for 1 week.
- Cool the lips with cold compresses to reduce swelling and discomfort.
- Drink only through a straw during the first 2 days.
- Use a fresh pillowcase tonight.

DONT's

For 1 week:

- Do not pick, scratch, or touch the lips. This can lead to uneven healing and increases the risk of infection.
- No kissing.
- No makeup on the lips.
- Do not submerge your lips fully in water.
- Do not wear a face mask, as moisture and friction can impair healing.
- No skincare or beauty treatments.

For 2 weeks:

- No waxing, electrolysis, or laser hair removal in the lip area.
- Protect the lips from direct sun, tanning beds, hot tubs, saunas, salt water, chlorinated water, and direct shower spray.
- No lip-plumping products for 2 weeks.

For 4 weeks:

- No lip fillers or injections in the lip area for 4 weeks.

• LONG-TERM CARE

- Use a high-quality sunscreen daily. Sun exposure can cause your permanent make-up to fade.
- My product recommendation
- (You can insert your specific recommendation here.)
- If you donate blood, please inform the national blood donation service, as you may not be eligible to donate for up to 4 months after the treatment.

NORMAL SYMPTOMS

(may occur for up to 4 days)

- Swelling, redness, and tenderness
- Dry, flaky skin as the lips heal

COLOUR DEVELOPMENT

The chosen colour will appear stronger and more defined immediately after the treatment.

Days 1–4: The colour appears darker.

Days 3–7: The lips become dry, and small pigment flakes may come off. This may happen in certain areas and is completely normal.

After flaking: The pigment may appear lighter at first.

The colour will then gradually develop throughout the 4-week healing phase.

After 2 weeks: The true colour becomes more visible as the outer skin layer has healed.

After 4 weeks: The inner skin has fully healed.

A certain amount of colour unevenness during the healing process is normal.

The second session is used to perfect the shape and make any necessary adjustments.

COLD SORES

A permanent make-up treatment on the lips can activate existing herpes viruses and trigger an outbreak. If you have never had cold sores before, this is unlikely.

If an outbreak does occur, it usually happens around day 3 of the healing process.

If you notice signs of herpes, stop using the healing balm immediately and instead use only the prescribed cold sore medication, cream, or chewable tablets (please follow your doctor's instructions or the information in the package leaflet).

INFECTION PROTECTION

Proper aftercare supports smooth healing. To ensure the best possible healing process, please follow the aftercare instructions carefully. Your treatment is performed under strict hygienic conditions: All materials used are single-use products, and the workspace as well as all equipment are thoroughly disinfected after each appointment. In rare cases, signs of infection may still occur — most often due to insufficient aftercare. If you notice any unusual symptoms, such as yellowish discharge in the treated area, please contact your general practitioner for safety.