

EYES

Aftercare Instructions

**Careful aftercare is essential to ensure that your skin heals properly and that you achieve the best possible result.
Please note that permanent make-up usually consists of multiple sessions (typically two).**

DO's

- You may apply cold packs as needed to reduce swelling. Please wrap them in clean paper.
- Rinse the eye with saline solution (e.g., Braun NaCl) up to twice a day to remove skin or pigment residue.
- Use a fresh pillowcase tonight.

DON'Ts

0–24 hours:

- Do not scratch, pick, or touch the treated area, as this can disrupt healing and may cause infection.
- Do not wear contact lenses for 24 hours.

1–5 days:

- Avoid all eye makeup – especially mascara – for at least five days.
- Avoid cosmetic facial treatments during this time.

1 week:

- Do not apply balm or oil-based products to the eyelids, as this may affect pigment retention.
- Avoid direct sun, tanning beds, hot tubs, saunas, salt water, chlorinated water, and direct shower spray on the eyelids.
- Do not tint, perm, or apply artificial lashes.

2 weeks:

- Do not use lash growth serums for two weeks.

NORMAL SYMPTOMS

(may occur for up to 4 days)

- Mild redness, bruising, swelling, and tenderness of the eyelids
- Lashes may stick together, especially overnight
- Dryness and itching in the treated area
- Some eyelash loss during healing is possible; these typically grow back within about 3 months

COLOUR DEVELOPMENT

The chosen colour will appear stronger and more defined immediately after the treatment.

Days 1–4: The colour appears darker.

Days 4–7: The eyelids may itch, and small pigment flakes may come off.

This can happen in certain areas and is completely normal.

After flaking: The pigment may appear lighter at first.

The colour then gradually develops throughout the 4-week healing phase.

After 2 weeks: The true colour becomes more visible as the outer skin layer has healed.

After 4 weeks: The inner skin is fully healed.

A certain amount of colour unevenness during the healing process is normal.

The second session is used to perfect the shape and make any necessary adjustments.

LONG-TERM CARE

If you donate blood, please inform the national blood donation service, as you may not be eligible to donate for up to 4 months after the treatment.

INFECTION PROTECTION

Proper aftercare supports smooth healing. To ensure the best possible healing process, please follow the aftercare instructions carefully. Your treatment is performed under strict hygienic conditions: All materials used are single-use products, and the workspace as well as all equipment are thoroughly disinfected after each appointment. In rare cases, signs of infection may still occur – most often due to insufficient aftercare. If you notice any unusual symptoms, such as yellowish discharge in the treated area, please contact your general practitioner for safety.